



# **WAVE Plenary Meeting January 31, 2024**

**Mary Jo Deering  
President of the Board**

# Agenda

9:30 Business meeting

- Elections of new board members and of WAVE President
- 2023 Year In Review And 2024 Look Ahead
- 2024 Finishing Strong Awards

10:00 Plenary Panel: “Raising Dementia Awareness Within Villages”

11:00 – 11:30 Questions

11:30 Adjourn



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# 2024 Board Elections

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Nominees for WAVE Board of Directors

Nominee for WAVE Board President

## Continuing WAVE Board Members (mid-term)

Name	Eligibility	Village
<b>Washington, DC</b>		
Eva Lucero	End of 1 <sup>st</sup> year of 1 <sup>st</sup> term	Dupont Circle Village
Leo Sanchez	End of 1 <sup>st</sup> year of 1 <sup>st</sup> term	Mount Pleasant Village
<b>Maryland</b>		
Mary Jo Deering	End of 1 <sup>st</sup> year of final term	Wyngate and Maplewood Neighbors Helping Neighbors
Doug Gaddis	End of 1 <sup>st</sup> year of 1 <sup>st</sup> term	Silver Spring Village
Elizabeth Haile	End of 1 <sup>st</sup> year of 1 <sup>st</sup> term	Bethesda Metro Village
<b>Virginia</b>		
Cele Garrett	End of 1 <sup>st</sup> year of final term	At Home In Alexandria
David Prescott	End of 1 <sup>st</sup> year of final term	Mount Vernon At Home
Wendy Zenker	End of 1 <sup>st</sup> year of 2 <sup>nd</sup> term	Arlington Neighborhood Village

# 2024 WAVE Board Slate

Name	Village	Location
New Board Nominees		
Jim Sanders	The Village in Howard	Columbia, MD
Maryann Long	Cville Village	Charlottesville, VA
Second Term (Returning) Nominee		
Laila Riaz	Cheverly Village	Cheverly, MD

# Election of 2024 Board President

## 2024 WAVE Board President Nominee — Mary Jo Deering

Wyngate & Maplewood Neighbors Helping Neighbors | Bethesda, MD

Mary Jo will be serving the last year of her final 2-year board term

Mary Jo recently received the  
**Montgomery County Commission  
on Aging's 2023 Community for a Lifetime award**  
for her dedication to enhancing the quality of life for older adults  
and making Montgomery County a welcoming place for people  
of all ages to call home, including her work with WAVE to  
strengthen the network of nonprofit villages in the county.



# **2023 Year in Review 2024 Look Ahead**

**Mary Jo Deering, WAVE President**

# Who Are We?

The Washington Area Villages Exchange (WAVE) brings together nonprofit villages to learn and grow by sharing experiences and ideas.

Encompassing villages in Maryland, Virginia, and West Virginia as well as Washington, DC, WAVE is the largest regional village organization in the nation.

We're aware of 79 villages in our region, established or in development.



# Membership

- Membership at end of 2023: 55 villages
- As 2024 begins, 29 villages have already paid their 2024 dues

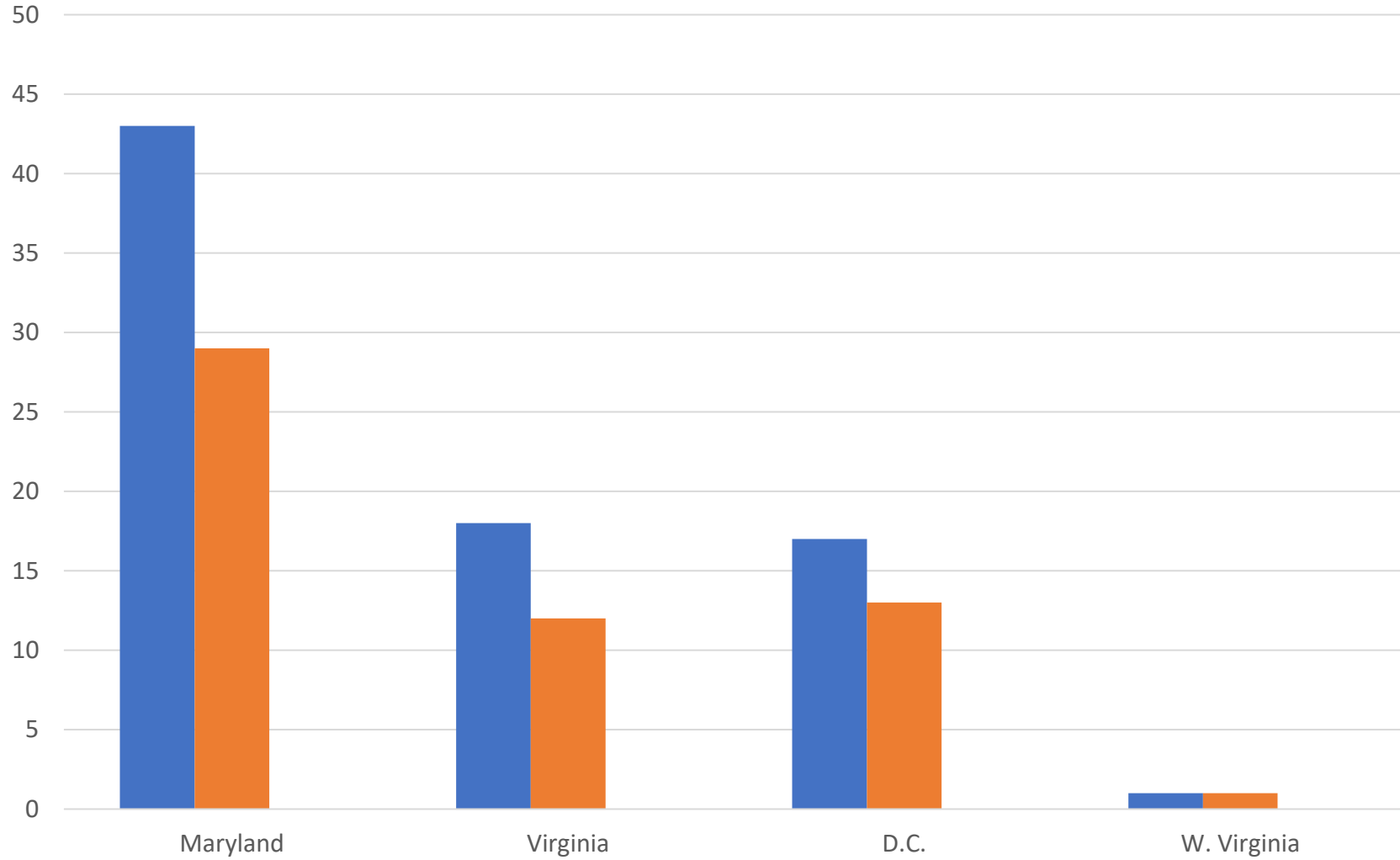
Join WAVE! Just \$35!

Member Village benefits include

- 1-1 mentoring
- Founders Award
- Finishing Strong Award
- Post your open events on shared calendar

**[wavevillages.org](http://wavevillages.org) → JOIN**

Villages by State: Total Known and WAVE Members end 2023



# How Did We Do? 2023 Plenary Programs

- The State of Villages
- Exploring Multigenerational Ideas
- Effective Board Relations
- Joint Conference with VtVNetwork

Total attendees: 423

Videos and materials available at.

**[wavevillages.org](https://wavevillages.org) → WAVE Programs →  
Archive of WAVE Events**

# WAVE Mutual Support Program 2023

Facilitated discussions of problems and solutions, via Zoom.

- Low Fee and No Fee Villages
- Helping Villages Prepare Programs on Death & Dying (3 workshops)

Total attendees: 277

Videos and materials: [wavevillages.org](https://wavevillages.org) →  
**WAVE Programs → Archive of WAVE Events**



# 2023 Shared Events on WAVE Calendar

- WAVE member villages can list open events on our shared calendar.
- 197 events in 2023!
- [wavevillages.org](https://wavevillages.org) → Shared Calendar

# WAVE Mentoring Program

One-on-one coaching and guidance for WAVE member villages and start-up villages, e.g.

- Organization and Management (strategic planning, board and staffing issues);
- Risk Management (insurance, policies and procedures);
- Technology (website, social media);
- Member and Volunteer recruitment, retention and recognition;
- Programming (member services, social activities); and
- Fundraising.

**[wavevillages.org](http://wavevillages.org) → Resources → Wave Mentoring and Mutual Support Program**



# WAVE Mentoring Program



“We have appreciated your advice and encouragement as our mentor since we began planning for our village exactly a year ago. We have 8 members and 32 volunteers now; hoping to grow that number of course....”

“Just wanted to say how much I appreciated talking with you this morning. It's not only the information but it's also the morale reinforcement that this thing CAN be done, despite what feels like many hurdles! I needed a booster today!”

# Coming This Year!

- WAVE Plenary meeting with speaker(s) and breakout sessions via zoom: May 15<sup>th</sup>
- Mutual support zoom sessions on critical topics for village operations:
  - Recruiting Volunteers: February 7th
  - Multigenerational Villages: March 6th
  - Sponsorship Revenue: April 3rd
- Annual in-person conference, October 16<sup>th</sup> , Silver Spring Civic Center. Details to follow.

**Register: [wavevillages.org](https://wavevillages.org) → Shared Calendar**





WAVE needs You

# What Can YOU Do To Help?

Join WAVE! Benefits include

- 1-1 mentoring
- Founders Award
- Finishing Strong Award
- Post your open events on shared calendar
- Just \$35!

**[wavevillages.org](http://wavevillages.org) → JOIN**

Become a mentor: **[wavevillages.org](http://wavevillages.org) → WAVE Programs → Mentoring**

Participate in collaborative programming: let us know your interests!

write to **[President@wavevillages.org](mailto:President@wavevillages.org)**

# WAVE Needs You!

Your skills and experience can help us help villages

Committees – need not be a board member

- Communications, marketing, outreach
- Program and conference development
- Website and database management

Part-time staff

**Email [President@wavevillages.org](mailto:President@wavevillages.org)**



# **WAVE Finishing Strong Awards**

# WAVE Finishing Strong Award

Funded by Chris Palmer and Gail Shearer for proposals for programs addressing end of life issues.

- encourage more conversations and discussions about end-of-life issues,
- expand the long-term impact of our area villages, and
- create programs that other villages across the nation could emulate.

[wavevillages.org/finishingstrongaward](http://wavevillages.org/finishingstrongaward)

## Finishing Strong 2024 Winners

Waterfront Village,  
Washington, DC  
\$1,200

Valley Village,  
Harrisonburg, VA  
\$1,080

Northwest Neighbors  
Connecting, Baltimore,  
MD. \$1,000



# Coming soon:

## 2024 Founders Award for Village Excellence

- Recognizes villages for programs and/or services that are outstanding examples of Villages' contributions to the well-being of older adults in their communities.
- \$1000 each to a village with budget under \$25,000 and a village with budget over \$25,000.
- Applications will open soon. Stay tuned!

**[wavevillages.org/foundersaward](https://wavevillages.org/foundersaward)**



## **Plenary Program**

### **“Raising Dementia Awareness Within Villages”**

Dr. Claudia Thorne, Ph.D., LISW, LCSW, Assistant Professor, College of Behavioral and Social Sciences, Coppin State University, member of the State of Maryland's Virginia I. Jones Alzheimer's Disease and Related Disorders Council, and member and volunteer with Cheverly Village.

Sharon Johnson, CPD, CMC, Director of Aging Services, Maryland Umbrella Group, Community Case Manager, Dementia Care Practitioner, Certified Dementia Caregiver, Support Group Facilitator





Video and slides will be available soon:

**wavevillages.org → WAVE Programs →  
Archive of WAVE Events**

For more information email

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